# NHS Tayside Public Partners Get involved – It's your NHS



# Guidance Notes - Register to become an NHS Tayside Public Partner

Everyone uses healthcare services at some stage in their lives – through their family doctor (GP), hospital, local health centre or one of the many other services available throughout Scotland. Your views are important in helping the NHS to understand what works and what doesn't and what the NHS should consider when changing or improving services.

Involving people in shaping healthcare services means services are more likely to reflect what people really want and need. Getting involved in helping improve services can be very rewarding.

### What are NHS Tayside Public Partners?

- NHS Tayside Public Partners act as a sounding board for NHS Tayside by giving their views in the development of strategies and policies and in the redesign of services. They have the opportunity to challenge proposals, contribute to decision making and on service developments and participate in consultations.
- NHS Tayside Public Partners are supported by NHS Tayside's Public Involvement Team. This includes induction and training and the reimbursement of any out of pocket expenses such as travel and assistance with care costs.

#### Who can register?

Members of the Public who have a keen interest in health and health related issues and who:

- have the ability to participate with others
- can contribute to facilitated discussions with an open mind and can listen to other people's points of view

### What do NHS Tayside Public Partners do?

- > NHS Tayside Public Partners participate in discussion forums
- NHS Tayside Public Partners participate in a range of activities arranged by NHS Tayside, where they are given the opportunity to share their views and contribute to decision making to help develop and improve health services
- NHS Tayside Public Partners participate in a wide variety of projects, ranging from reviewing information leaflets to new developments in service delivery
- > NHS Tayside Public Partners can participate in person and online.

# **Time Commitment**

NHS Tayside Public Partners decide how they would like to be involved and can participate as and when they like in the activities that are of interest to them

# **Additional Needs**

If you have any special needs that we need to take into account in arranging your participation, this will be discussed during the induction process.

#### What happens once you have registered?

Once your registration form is received, the Public Involvement Team will arrange an informal meeting with you in order to provide more detailed information around getting involved.