

Age Appropriate Chores for Children

INTRODUCTION

This leaflet contains advice and ideas for Chores for Children. Children will benefit from you helping and working alongside them to learn these chores before you decide they are able to manage on their own and ensure they are safe with some chores and equipment being used.

Ages 2-3.

- Put toys in a toy box
- Stack books on a shelf
- Place dirty clothes in laundry basket
- Throw rubbish away
- Carry sticks for fire
- Set the table
- Fetch nappies and wipes
- Dust



Ages 4-5.

- Feed pets
- Wipe up spills
- Put away toys
- Make the bed
- Tidy bedroom
- Water indoor plants
- Prepare simple snacks
- Use hand-held vacuum
- Clear kitchen table
- Dry and put away dishes

Ages 6-7.

- Gather rubbish
- Fold towels
- Dust/Mop floors
- Empty dishwasher
- Match clean socks
- Weed garden
- Rake leaves
- Peel potatoes and carrots
- Make salad
- Replace toilet roll



Ages 8-9.

- Load Dishwasher
- Put on a washing
- Hang/fold clean clothes
- Dust furniture
- Sweep/Spray off patio
- Put groceries away
- Scramble eggs
- Bake cookies
- Walk dogs
- Wipe table



Ages 10-11.

- Clean Bathrooms
- Vacuum carpets
- Clean Kitchen
- Hang out washing
- Prepare a simple meal
- Bring in mail
- Sweep out garage
- Change light bulbs

Ages 12 and up.

- Change overhead lights
- Wash/vacuum car
- Mow lawn
- Paint walls
- Shop for groceries w/list
- Cook a complete dinner
- Bake bread or cake
- Do simple home repairs
- Wash windows
- Iron clothes

