NHS Tayside has now considered your request dated 18th February.

Extract from Request

“The prevalence of internet gaming disorder (i.e. video game addiction) in the UK is unknown at this point. Over the past year, the issue has garnered increasing publicity following the World Health Organisation’s official recognition of gaming addiction as a mental health condition in June 2018, enabling access to NHS treatments for those in the UK.

1. We would like to request the following information about the facilities and capacity to deal with internet gaming/video game addiction.
   a) Types of services offered for problem gaming/video gaming addiction.
   b) Number and job title of qualified mental health professionals within each service who offer treatment for internet gaming disorder.
   c) Number of behavioural addiction specialists within the trust.
   d) Number of child and adolescent specialists who offer treatment for this disorder.
   e) Lowest age limit for referral to service.

2. If you currently do not offer specific services for problem gaming/video game addiction, do you plan to in the future?

3. We would also like to gather specific referral data for any individuals that had been referred for treatment of problem gaming for the calendar years 2014, 2015, 2016, 2017, 2018 and 2019 (year to date), including the following information:
   a) Number of referrals where problem gaming was the primary reason for referral.
   b) Age of referrals.
   c) Gender of referrals.
   d) Type of treatment and/or talking therapies offered.
   e) The estimated time spent on a waiting list prior to initial contact.
   f) How many attended first appointment.
   g) How many never attended.
   h) How many completed treatment.”

Response

1. NHS Tayside has no specialist staff for internet gaming disorder and is not aware of any admissions to treat this specifically.

2. NHS Tayside is not currently planning to offer specific services for internet gaming disorder.

3. Not applicable.


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
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<tbody>
<tr>
<td>IGTFOISA5979</td>
<td>None</td>
<td>None</td>
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</tbody>
</table>
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and addressed to:

Tayside NHS Board Secretary
Tayside NHS Board Headquarters
Ninewells Hospital & Medical School
Dundee
DD1 9SY

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews
Fife
KY16 9DS

Or via the online appeal service: www.itpublicknowledge.info/Appeal

If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee
DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
01 March 2019