NHS Tayside has now considered your request dated 8 March 2019.

Extract from Request

“I am making a request under the Freedom of Information Act for information on mental health and wellbeing digital apps offered by your organisation. Please answer the following questions regarding your organisations use of mobile applications to support employee mental/emotional health and wellbeing.

1. Does your organisation offer any digital apps as a resource for staff to support their mental/emotional health and wellbeing? (e.g. Big White Wall, My Possible Self, Thrive) Apps may provide advice and guidance to support wellbeing, diary entries or an interactive self-help programme etc. to support the reduction of stress, anxiety and/or depression. **No.**

2. If yes to Q1 please provide the following information for each app used by the organisation
   a. Name of third-party supplier(s)
   b. Who is responsible for the payment of the app (i.e. employee or employer)
   c. What is the annual price paid for the app in 17/18?
   d. Contract start date & end date
   e. What date did the app go live in the organisation?
   f. Did the organisation use a framework to procure the service? If so, please state the framework used
   g. Please list all external systems the app integrates with (e.g. EAP providers, GP referrals)
   h. Does the app include any form of financial wellbeing support? (e.g. advice and/or helplines)
   i. Through the utilisation of the app, has your organisation seen any quantifiable benefits? Please provide detail on the benefits achieved (e.g. an increase in employee productivity, increase in staff retention, reduction in staff sickness absence or a reduction in occupational health referrals). **Not applicable.**

3. For each supplier listed in Q2, please indicate the number of employees registered on the app, split by the following staffing groups: Name of Supplier, Nursing & HCA’s, Medical, Allied Health Professional/ Scientific, Therapeutic and Technical (AHP/STT) and Non-medical Non-clinical (NMNC). **Not applicable.**

Response

Please see response above in black bold.

<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
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<tr>
<td>IGTFOISA6062</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Chairman, John Brown CBE
Chief Executive, Grant R Archibald
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and addressed to:

Tayside NHS Board Secretary
Tayside NHS Board Headquarters
Ninewells Hospital & Medical School
Dundee
DD1 9SY

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews
Fife
KY16 9DS

Or via the online appeal service: www.itspublicknowledge.info/Appeal

If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee
DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
14 March 2019