NHS Tayside has now considered your request dated 5 April 2019.

Extract from Request

1. “Please list the mental health services your Health Board operated during the financial years 2016-2017 and 2017-2018 which provided eating disorder treatment for adults (18+ year olds), with the exception of inpatient treatment.

2. Please complete the table below to show the size of the caseloads at the dates specified for each of the services listed in answer to question 1, which the patients were primarily receiving their eating disorder treatment from. In this case, ‘caseload’ refers to the number of Adult patients (18+ year olds) requiring eating disorder treatment who had been assessed, were under treatment for their eating disorder from that service and had not yet been discharged (number of patients which each service carried responsibility for) on the dates specified. Please do not provide data which relates to the treatment of children and young people (Under 18s) or Inpatient treatment.

<table>
<thead>
<tr>
<th>Caseloads (number of 18+ year old patients)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of service:</td>
</tr>
<tr>
<td>At: 31\textsuperscript{st} March 2017</td>
</tr>
<tr>
<td>At: 31\textsuperscript{st} March 2018</td>
</tr>
</tbody>
</table>

3. During the financial years 2016-2017 and 2017-2018, did your Health Board provide eating disorders treatment for adult (18+ year old) patients who were resident within the geographic area of any other Health Board/s in Scotland? If so please provide information on this below, including the number of such patients (if any) who were included in answer to question 2, and corresponding detail on the geographic areas covered (this would enable us to put any data provided in answer to question 2 into context).

4. Please complete the table below, regarding referral to start of treatment waiting times for outpatient psychological intervention for an Eating Disorder, for each of the relevant services listed in answer to Question 1 which are provided by your Health Board. Please enter the name of the service at the top. Please do not provide data which relates to the treatment of children and young people (Under 18s) or Inpatient treatment. Please count ‘start of treatment’ as the date of the second appointment at that service.
5. Did your Health Board operate an Adult Eating Disorders Service which provided specialist outpatient treatment during one or both of the tax years 2016-2017 and 2017-2018? If yes, please answer the questions below, if no then there are no further questions.

5a. Please state the total workforce (in WTE) working at your Adult Eating Disorders Service - who provided specialist outpatient treatment - as it was on the dates below. Please include staff in post (including temporary staff) and any bank and agency staff which were working on those dates.
   
   i. 31 March 2017
   ii. 31 March 2018

5b. Please state the number of vacancies (in WTE) at your Adult Eating Disorders Service – for the provision of specialist outpatient treatment - as it was on the dates below:

   i. 31 March 2017
   ii. 31 March 2018

<table>
<thead>
<tr>
<th>Year/Wait</th>
<th>&lt; 4 weeks</th>
<th>4-10 weeks</th>
<th>11-17 weeks</th>
<th>18-24 weeks</th>
<th>Over 24 weeks</th>
<th>N/A (Still waiting to begin treatment at the end of tax year)</th>
<th>Mean average waiting time (in weeks)</th>
<th>Median average waiting time (in weeks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients added to the caseload during 2016/2017</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Patients added to the caseload during 2017/2018</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Freedom of Information (Scotland) Act 2002
Response to correspondence dated 5 April 2019
Request: Adult Eating Disorder Treatment
Applicant: Groups/Business
Reference: IGTFOISA6173

Response

1. The mental health service which NHS Tayside provides is the Eating Disorders Service (specialist adult outpatient treatment).

2. Current recording/reporting practices do not permit the available data to be broken down in this way. NHS Tayside Eating Disorders Service accepted 152 new patients for assessment/treatment between 01/04/2016 and 31/03/2017, and 144 new patients for assessment/treatment between 01/04/2017 and 31/03/2018. In addition, for both financial years, the service continued to support a number of patients with longer-term conditions referred previously.

3. During 2016/17 and 2017/18, NHS Tayside did not provide eating disorders treatment for adults out with the Tayside area.

4. Current recording/reporting practices do not permit the available data to be broken down in this way. No patient waited in excess of the 12-week Referral to Treatment Standard set by the Scottish Government.

5. During 2016/17 and 2017/18, NHS Tayside did provide an Adult Eating Disorders Service which provided specialist outpatient treatment.

5a. The total workforce working at NHS Tayside Adult Eating Disorders Service who provide specialist outpatient treatment as at i) 31 March 2017 and ii) 31 March 2018 -

<table>
<thead>
<tr>
<th>Position</th>
<th>WTE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultant Psychiatrist</td>
<td>0.5</td>
</tr>
<tr>
<td>Consultant Clinical Psychologist</td>
<td>0.75</td>
</tr>
<tr>
<td>Clinical Psychologist</td>
<td>1.0</td>
</tr>
<tr>
<td>Dietitian</td>
<td>0.1</td>
</tr>
<tr>
<td>Dietitian</td>
<td>0.8</td>
</tr>
<tr>
<td>Nurse</td>
<td>1.0</td>
</tr>
<tr>
<td>Administrator</td>
<td>0.65</td>
</tr>
</tbody>
</table>

5b. NHS Tayside had zero (0 WTE) vacancies within the Adult Eating Disorders Service who provide specialist outpatient treatment as at i) 31 March 2017 and ii) 31 March 2018.


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGTFOISA6173</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>

Everyone has the best care experience possible
Headquarters: Ninewells Hospital & Medical School, Dundee, DD1 9SY (for mail) DD2 1UB (for Sat Nav)

Chairman, John Brown CBE
Chief Executive, Grant R Archibald
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

**A request for an internal review must be made in writing no later than forty working days from receipt of this response and addressed to:**

Tayside NHS Board Secretary  
Tayside NHS Board Headquarters  
Ninewells Hospital & Medical School  
Dundee  
DD1 9SY

**If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:**

Scottish Information Commissioner  
Kinburn Castle  
Doubledykes Road  
St Andrews  
Fife  
KY16 9DS

Or via the online appeal service: [www.itsexplainknowledge.info/Appeal](http://www.itsexplainknowledge.info/Appeal)

**If you have any queries about this correspondence, please contact:**

Information Governance Team  
Maryfield House  
30 Mains Loan  
Dundee  
DD4 7BT

Telephone - 01382 424413  
E-mail: informationgovernance.tayside@nhs.net

Information Governance  
NHS Tayside  
11 April 2019