NHS Tayside has now considered your request dated 15 April 2019.

NHS Tayside wishes to advise you that there are exemptions applicable to the information requested. Please refer to the exemptions section of this correspondence.

**Extract from Request**

“I would like to make a request for the following data under FOISA.

What is the current total number of service users in the district covered by the board? (As of April 2019)

Can the total number be disaggregated into students and non-students?

If it can be disaggregated can the data be supplied for the following:

- How many university students have been referred to secondary mental health services in the last 5 years- including a break down for each year? (Services include Community Mental Health Team, Psychiatry, Psychodynamic Psychotherapy, and Talking Therapies.)
- How many students referred to the aforementioned services were seen within the 18-week waiting period within the last 5 years?

How many residents referred to the aforementioned services were seen within the 18-week waiting period within the last 5 years?

How many residents have been referred to secondary mental health services in the last 5 years- including a break down for each year? (Services include Community Mental Health Team, Psychiatry, Psychodynamic Psychotherapy, and Talking Therapies.)

What is the current average waiting time for access to secondary mental health services?”

**Clarification received from applicant – 17/04/19**

“Service users would be defined as anyone referred to or currently working with the services.

Students would be anyone who is currently attending a university; however it’s no problem if you don’t hold this. The general numbers would still be a great help.”

**Response**

1. **Current population, adults aged 18y+**

   Mid-year population estimate 2017: 339,426

   Source: National Records of Scotland via NHS Tayside Public Health Intelligence team.
2. NHS Tayside does not hold information surrounding university students who have been referred to secondary mental health, this information may be held by the individual universities.

3. Number of patients seen within 18w:

```
Referrals Received         2014  2015  2016  2017  2018
General Adult Psychiatry   6851  7247  7195  7657  7278
Psychiatry of Old Age     2770  3015  3000  2886  2461
Clinical Psychology       3374  3622  3191  2352  2507
Psychotherapy             160   231   206   110   113
```

Source - TOPAS 01/01/2014 - 23/06/2017
TRAKcare 24/06/2017 - 31/12/2018

4. Referrals received by secondary mental health services

```
Referrals received         2014  2015  2016  2017  2018
General Adult Psychiatry   6930  7313  7327  7822  7630
Psychiatry of Old Age     2836  3085  3071  2970  2588
Clinical Psychology       3933  3786  3818  3806  3904
Psychotherapy             161   247   218   117   138
```

Average time from referral to first appointment (weeks)

```
Referrals received         2014  2015  2016  2017  2018
General Adult Psychiatry   2.8   2.5   3.0   3.6   4.5
Psychiatry of Old Age     4.2   3.8   3.9   4.5   5.6
Clinical Psychology       12.2  9.0   11.5  16.9  17.2
Psychotherapy             8.1   10.5  9.5   8.9   18.5
Total                     5.8   4.6   5.5   7.3   8.3
```

Source - TOPAS 01/01/2014 - 23/06/2017
TRAKcare 24/06/2017 - 31/12/2018

5. Current waiting list - average wait from referral (weeks)

```
Waiting List              Patients Average wait (weeks)
General Adult Psychiatry  3191   41.9
Psychiatry of Old Age    928    24.7
Clinical Psychology      2339   17.8
Psychotherapy            42     7.0
```

Source: TRAKcare waiting list at 29/04/19
Notes
Timeframe: January 2014 - December 2018
Specialties included: General Adult Psychiatry, Psychiatry of Old Age, Clinical Psychology, Psychotherapy
Patient age: 18 years or more at time of referral
Waiting times: Adjusted for patient unavailability


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGTFOISA6201</td>
<td>Section 17 – Information not held (Q2)</td>
<td>The information requested is not held by NHS Tayside.</td>
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</table>

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and addressed to:

Tayside NHS Board Secretary
Tayside NHS Board Headquarters
Ninewells Hospital & Medical School
Dundee
DD1 9SY

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kincord Castle
Doubledykes Road
St Andrews
Fife
KY16 9DS

Or via the online appeal service: [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal)
If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee
DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
08 May 2019