NHS Tayside has now considered your request dated 20 May 2019.

NHS Tayside wishes to advise you that there are exemptions applicable to the information requested. Please refer to the exemptions section of this correspondence.

**Extract from Request**

“1) The number of people who have been referred to specialist sleep clinics within NHS Scotland facilities between April 2009 and April 2019?

2) How many of those who have been referred to specialist sleep clinics within NHS Scotland facilities (between April 2009 and April 2019) are prescribed selective serotonin re-uptake inhibitors for mental health conditions?

3) What percentage of those who have been referred to NHS Scotland sleep clinics in this time frame are prescribed selective serotonin re-uptake inhibitors?

4) How many people were prescribed selective serotonin re-uptake inhibitors in Scotland in 2018 in comparison to 2008?

5) How many people were referred for sleep study assessments in Scotland in 2018 in comparison to 2008?”

**Response**

1) The numbers of people referred to specialist sleep clinics at NHS Tayside between 2013/14 and 2018/19. Please note: no referral data for this service is held prior to April 2013. NHS Tayside cannot provide data for NHS Scotland as a whole.

<table>
<thead>
<tr>
<th>Financial Year</th>
<th>Number of Referrals</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013/14</td>
<td>549</td>
</tr>
<tr>
<td>2014/15</td>
<td>587</td>
</tr>
<tr>
<td>2015/16</td>
<td>665</td>
</tr>
<tr>
<td>2016/17</td>
<td>786</td>
</tr>
<tr>
<td>2017/18</td>
<td>1535</td>
</tr>
<tr>
<td>2018/19</td>
<td>1455</td>
</tr>
</tbody>
</table>

2) NHS Tayside does not hold the information requested in a readily identifiable format.

3) NHS Tayside does not hold the information requested in a readily identifiable format.


<table>
<thead>
<tr>
<th>Year</th>
<th>Serotonin Re-Uptake Inhibitors</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008</td>
<td>25,922</td>
</tr>
<tr>
<td>2018</td>
<td>41,974</td>
</tr>
</tbody>
</table>

Notes: The above refers to patients prescribed selective serotonin re-uptake inhibitors via General Practitioners and dispensed by Community Pharmacies.
It should be noted that the percentage of prescription items that have a valid patient CHI captured within the Prescribing Information System varies between the two years requested. In 2008 the percentage was 77%, however for 2018 the percentage was 99%, therefore because of the lower percentage CHI capture rate in 2008 it would not be valid to make assumptions regarding patient numbers growth between the two years.

5) The number of people referred for sleep study assessments is the same as those referred to the respiratory sleep service in question 1.


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGTFOISA6320</td>
<td>Section 17 – Information not held.</td>
<td>Information not held prior to April 2013 (Q1 &amp; 5).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Information not held in a readily identifiable format (Q2 &amp; 3).</td>
</tr>
</tbody>
</table>
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and addressed to:

Tayside NHS Board Secretary
Tayside NHS Board Headquarters
Ninewells Hospital & Medical School
Dundee
DD1 9SY

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews
Fife
KY16 9DS

Or via the online appeal service: www.itspublicknowledge.info/Appeal

If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee
DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
11 June 2019