NHS Tayside has now considered your request dated 16 May 2019.

NHS Tayside wishes to advise you that there are exemptions applicable to the information requested. Please refer to the exemptions section of this correspondence.

**Extract from Request**

1. “Perinatal mental health and Mother and Baby Units:
   a) Number of patients (female) diagnosed with postnatal depression in the past 10 years - please break this information down by the following years: 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019. I would also like the information for each year to be split into the following age groups: 16-25, 26-35, 36-45, 46-55 and 55+.
   b) How many patients were referred to each Mother and Baby Unit by NHS Tayside in 2017 and 2018?
   c) How many patients self referred to each Mother and Baby Unit in 2017 and 2018?
   d) Total number of patients who waited less than 24 hours for a place in each MBU after referral in 2017 and 2018
   e) Total number of patients who waited more than 24 hours but less than 1 week for a place in each MBU after referral in 2017 and 2018
   f) Total number of patients who waited for 1 week or longer for a place in each MBU after referral in 2017 and 2018

2. A list of all perinatal mental health community teams operating in Tayside. Including:
   a) Name / location of each perinatal mental health community team
   b) The number of medical staff and trained specialists in each team (separated by role)
   c) The number of women referred by NHS Tayside to each perinatal mental health community team in 2017 and 2018
   d) The number of women self referred to each perinatal mental health community team in 2017 and 2018
   e) If there are no mental health teams - do you have any perinatal mental health specialists? Please provide details on the role.

3. Do you have a perinatal mental health strategy? If yes, please provide details. This does not need to be included in an Excel or CSV format.”

**Response**

1.
   a) NHS Tayside does not hold the information requested.
   b) NHS Tayside does not hold the information requested.
   c) NHS Tayside does not hold the information requested.
   d) NHS Tayside does not hold the information requested.
   e) NHS Tayside does not hold the information requested.
   f) NHS Tayside does not hold the information requested.
2.  
a) NHS Tayside have four maternity units, of the four units none have a perinatal mental health unit. NHS Tayside refers patients to St John’s Hospital, Livingston.
b) Not applicable.
c) Not applicable.
d) Not applicable.
e) NHS Tayside has a specialist midwife in post with an interest in perinatal mental health. This is a key role in developing and maintaining high standards of care for women and their families with additional support requirements and mental health challenges in pregnancy and the postnatal period.

3. NHS Tayside does not have a perinatal mental health strategy. NHS Tayside refers patients to St John’s Hospital, Livingston.


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
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<tr>
<td>IGTFOISA6309</td>
<td>Section 17 – Information not held (Q1)</td>
<td>Information not held.</td>
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</table>
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and addressed to:

Tayside NHS Board Secretary
Tayside NHS Board Headquarters
Ninewells Hospital & Medical School
Dundee
DD1 9SY

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews
Fife
KY16 9DS

Or via the online appeal service: [www.itsspublicknowledge.info/Appeal](http://www.itsspublicknowledge.info/Appeal)

If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee
DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
21 June 2019