NHS Tayside has now considered your request dated 12 June 2019.

NHS Tayside wishes to advise you that there are exemptions applicable to the information requested. Please refer to the exemptions section of this correspondence.

Extract from Request

1. “How many hernia mesh implant devices have been purchased in each of the following financial years: 2012/13, 2013/14, 2014/15, 2015/16, 2016/17, 2017/18?
2. Please provide the total annual cost of hernia mesh implant devices purchased for those same years requested in question one.
3. Please provide the different types of meshes purchased and the name of the manufacturer for those same years requested in question one.
4. Please provide how many patients received which type of mesh in each year requested in question one.
5. How many hernia operation were carried out in those same years requested in question one?
6. How many follow up appointments with the implanting surgeon are standard practice for patients who have had a hernia operation, either as a day case or inpatient?”

Response

1. NHS Tayside does not hold this information, for further information please contact National Procurement.
2. NHS Tayside does not hold this information, for further information please contact National Procurement.
3. NHS Tayside does not hold this information, for further information please contact National Procurement.
4. NHS Tayside does not hold this information, for further information please contact National Procurement.
5. Hernia operations carried out by NHS Tayside -

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012/13</td>
<td>1343</td>
</tr>
<tr>
<td>2013/14</td>
<td>1410</td>
</tr>
<tr>
<td>2014/15</td>
<td>1171</td>
</tr>
<tr>
<td>2015/16</td>
<td>1125</td>
</tr>
<tr>
<td>2016/17</td>
<td>1052</td>
</tr>
<tr>
<td>2017/18</td>
<td>894</td>
</tr>
</tbody>
</table>

6. Please see patient Hernia repair leaflet appended below.
Freedom of Information (Scotland) Act 2002
Response to correspondence dated 20 June 2019
Request: Hernia Mesh Implant Devices
Applicant: BBC News
Reference: IGTFOISA6401


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGTFOISA6401</td>
<td>Section 17 –</td>
<td>NHS Tayside does not hold this information. (Q1-4)</td>
</tr>
<tr>
<td></td>
<td>Information not held.</td>
<td></td>
</tr>
</tbody>
</table>

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and sent to:

Head of Information Governance
Maryfield House (South)
30 Mains Loans
Dundee, DD4 7BT

Or by email to informationgovernance.tayside@nhs.net

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews, KY16 9DS

Or via the online appeal service: www.itspublicknowledge.info/Appeal

If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee, DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
11 July 2019

Everyone has the best care experience possible
Headquarters: Ninewells Hospital & Medical School,
Dundee, DD1 9SY (for mail) DD2 1UB (for Sat Nav)
Chair, Mrs L Birse-Stewart
Chief Executive, Grant R Archibald
Hernia Repair

Patient Discharge Advice

Updated by Day Surgery Unit staff and multidisciplinary team

Reviewed: 04/2019   Review: 04/2021   LN0088
The aim of this leaflet is to give you some advice following Repair of Hernia.

When you get home and for at least 24 hours after a general anaesthetic:

**Do not (for safety reasons)**
- Lock the toilet or bathroom door
- Drink alcohol
- Smoke
- Take sleeping tablets
- Drive
- Operate machinery or electrical appliances
- Make important decisions or sign documents

**You must have someone to look after you at home for 24 hours after your operation/procedure**

**Contact Numbers:**

**Ninewells Hospital**
Day Surgery Unit
Monday – Friday, 8.00am – 8.00pm
Telephone: 01382 425632 or the General Surgical Ward on 01382 ………………

**Perth Royal Infirmary**
Day Surgery Unit
Monday – Friday, 8.00am – 4.30pm
Telephone: 01738 473307

**Stracathro Hospital**
Surgical Unit
Monday – Friday, 7.00am – 4.30pm
Telephone: 01356 665089

Monday – Friday, 24 hours
Telephone: 01356 665088

Your own **GP**
or
**NHS 24**
Telephone: 111
Work
You will need some time off work. How long will depend on the type of work you do and how you feel.

We will give you a medical certificate for your employer before you leave the hospital.

Do not do any heavy lifting for about six weeks. If you have a heavy manual job, you are likely to be off work for 6 – 8 weeks.

Sex
You can start sexual activity when it is comfortable for you.

Follow up appointments
You will be notified of any follow up appointments.

You may be given a letter to hand in to your GP surgery.

Pain control
Pain is very individual; you may or may not experience some degree of pain or discomfort.

➤ Take painkillers as prescribed for you on discharge or your own painkillers as prescribed by the manufacturers.

➤ Take painkillers when pain first begins; do not let it reach a severe level.

Keep within the maximum daily dose.

Contact your GP if:

➤ Your pain is severe and not controlled by your painkillers.

➤ Pain is complicated by other symptoms such as vomiting.

➤ Pain arises from a different area other than the operational field.

Important:
Please consult your pharmacist (chemist) before buying other medication.

Coughing may be painful. It will help if you bring your knees towards your chest and support your wound with your hands or by cuddling a pillow.
**Care of your wound**
You may have stitches that need to be removed by the practice nurse in your GP’s surgery, usually about 7 – 10 days after your operation. We will give a letter to you for the practice nurse if this is required. The nurse will tell you before you go home.

Leave the dressing on your wound for 48 hours, and then you can bathe or shower.

Please wash your hands before removing any dressing. No further dressing is needed. Some oozing of blood and bruising from the wound is not unusual in the first 24 hours.

In men it is normal for the bruising to go down to the scrotum.

If the wound feels hot; is very red or has any oozing or a large amount of fresh bleeding, contact your own GP or NHS 24.

If bleeding occurs, lie down and apply pressure to the area. If bleeding is persistent, contact your GP or NHS 24.

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**Eating and Drinking**

**General Anaesthetic:**
After a general anaesthetic avoid large meals. Small snacks are better.

If you are thirsty drink as much as you need (alcohol is not advised).

**Local Anaesthetic:**
If your operation was carried out under local anaesthetic continue eating and drinking as normal.

To avoid constipation, take plenty of fresh fruit and vegetables after your first day at home. Drink plenty fluids. A mild laxative available from the chemist may be necessary if you have had no bowel movement for 2 – 3 days after your operation.

**Note:** It is important not to strain.

**Driving**
Do not drive a car until you can do an emergency stop safely, usually 2 – 3 weeks after your operation.