NHS Tayside has now considered your request dated 3 July 2019.

**Extract from Request** (NHS Tayside has added numbers for ease of reference)

“I am looking for details regarding length of patient stays in inpatient units for the last year. Could you please provide the following figures:

1. The number of patients treated as inpatients for mental health problems per year for the last five years.
2. The average length of stay in inpatient treatment for patients each year for the last five years.
3. The number of patients as of May 30 who have spent 6 to 12 months in inpatient facilities.
4. The number of patients as of May 30 who have spent 12 to 18 months in inpatient facilities.
5. The number of patients as of May 30 who have spent 18 to 24 months in inpatient facilities.
6. The number of patients as of May 30 who have spent more than 24 months in inpatient facilities.”

**Response**

1. The number of patients treated as inpatients for mental health problems -

<table>
<thead>
<tr>
<th>Year</th>
<th>Patients treated</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014/15</td>
<td>1447</td>
</tr>
<tr>
<td>2015/16</td>
<td>1490</td>
</tr>
<tr>
<td>2016/17</td>
<td>1518</td>
</tr>
<tr>
<td>2017/18</td>
<td>1447</td>
</tr>
<tr>
<td>2018/19</td>
<td>1516</td>
</tr>
</tbody>
</table>

Note: Each patient is only counted once per year, however if the patient was admitted multiple times over a number of years they were counted for each year they were admitted.

Mental Health Inpatient is defined as any patient who was discharged from a Mental Health speciality listed - General Psychiatry, Child and Adolescent Psychiatry, Forensic Psychiatry, Psychiatry of Old Age, Learning Disabilities and Adolescent Psychiatry.

2. The average length of stay in inpatient treatment (in days) -

<table>
<thead>
<tr>
<th>Years</th>
<th>Average length of stay</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014/15</td>
<td>46</td>
</tr>
<tr>
<td>2015/16</td>
<td>45</td>
</tr>
<tr>
<td>2016/17</td>
<td>48</td>
</tr>
<tr>
<td>2017/18</td>
<td>71</td>
</tr>
<tr>
<td>2018/19</td>
<td>58</td>
</tr>
</tbody>
</table>

Note: The average length of stay is taken from the total number of admissions per year which may include multiple inpatient stays.

3. There were 137 patients who spent 6-12 months in inpatient mental health facilities.
   Note: Includes all patients that were discharged from inpatient mental health facilities prior to 1 June 2019. The total may include patients with multiple stays.

4. There were 37 patients who spent 13-18 months in inpatient mental health facilities.
   Note: Includes all patients that were discharged from inpatient mental health facilities prior to 1 June 2019. The total may include patients with multiple stays.

5. There were 19 patients who spent 19-24 months in inpatient mental health facilities.
   Note: Includes all patients that were discharged from inpatient mental health facilities prior to 1 June 2019. The total may include patients with multiple stays.

6. There were 46 patients who spent 25 months and over in inpatient mental health facilities. Note: Includes all patients that were discharged from inpatient mental health facilities prior to 1 June 2019.


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGTFOISA6477</td>
<td>None</td>
<td>None</td>
</tr>
</tbody>
</table>
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

**A request for an internal review must be made in writing no later than forty working days from receipt of this response and sent to:**

Head of Information Governance  
Maryfield House (South)  
30 Mains Loans  
Dundee  
DD4 7BT

Or by email to informationgovernance.tayside@nhs.net

**If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:**

Scottish Information Commissioner  
Kinburn Castle  
Doubledykes Road  
St Andrews, Fife  
KY16 9DS

Or via the online appeal service: [www.itstpublicknowledge.info/Appeal](http://www.itstpublicknowledge.info/Appeal)

**If you have any queries about this correspondence, please contact:**

Information Governance Team  
Maryfield House  
30 Mains Loan  
Dundee  
DD4 7BT

Telephone - 01382 424413  
E-mail: informationgovernance.tayside@nhs.net

Information Governance  
NHS Tayside  
18 July 2019