NHS Tayside has now considered your request dated 23 July 2019.

NHS Tayside wishes to advise you that there are exemptions applicable to the information requested. Please refer to the exemptions section of this correspondence.

**Extract from Request**

- Please can you provide the number of children and young people (under 18) have been sent to inpatient units for mental health reasons outside their local area in a) 2017, b) 2018 and c) 2019.
- What was the furthest a child or young person (under 18) has had to travel for treatment?

**Response**

Where the values of statistics provided fall below 5 but are greater than 0, these statistics are represented by ‘<5’. Due to the small numbers of patients involved further detail cannot be provided as disclosure of the information may lead to the identification of individuals.

- Within the North of Scotland Child and Adolescent Mental Health Service Tier 4 Regional Young People’s Inpatient Unit (YPU) provides 12 inpatient beds and care to young people aged between 12 and 18 years of age from the five constituent NHS Health Boards including NHS Grampian, NHS Highland, NHS Orkney, NHS Shetland and NHS Tayside.

The YPU is therefore defined as the local area for patients admitted within these five Health Board areas for this age group. In circumstances where a bed is not available within the YPU, and until one becomes available, young people may require admission out with the local area to one of the two other NHS Scotland CAMHS inpatient units in Edinburgh and Glasgow and/or Huntercombe Hospital in Edinburgh.

Furthermore in circumstances where a young person is under 12 years of age, they will be admitted to the National Children’s Unit in Glasgow. The following data shows the number of young NHS Tayside patients who have been sent to inpatient units’ out with Tayside.

<table>
<thead>
<tr>
<th>Year</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016/17</td>
<td>5</td>
</tr>
<tr>
<td>2017/18</td>
<td>13</td>
</tr>
<tr>
<td>2018/19</td>
<td>7</td>
</tr>
<tr>
<td>2019 to date</td>
<td>&lt;5</td>
</tr>
</tbody>
</table>
• Child and Adolescent Mental Health Services (CAMHS) is generally centred on a “tiered” model which provides a description of a level of disability and need corresponding to the level of required service. In contrast with Tier 1 being the lowest level of need, Tier 4 services are concerned with the highest and most intense levels of need. Tier 4 CAMHS are required to meet the needs of young people with the most complex, severe or persistent mental health problems. Referral and admission to the YPU will be considered if a young person meets the following criteria:

• Young people aged between 12-18 years
• Young people will have a mental health disorder (including mild learning disabilities with co-morbid mental health disorder)
• These difficulties should amount to a significant risk to the safety, health and or developmental progress of the young person
• The young person is suitable for an open ward environment

However where a young person requires a higher level of security to maintain their safety of the safety of others, admission to a secure ward environment may be required and as a result young people can be transferred to such services. The furthest patients have had to travel for such treatment is St Andrew’s Healthcare in Northampton, England.


<table>
<thead>
<tr>
<th>Document Ref.</th>
<th>FOISA Exemption Applied</th>
<th>Justification</th>
</tr>
</thead>
<tbody>
<tr>
<td>IGTFOISA6568</td>
<td>Section 38 – Personal information.</td>
<td>Information relating to an individual is personal information. Disclosure of information which would allow the identification of individuals would be in breach of confidentiality and Data Protection principles.</td>
</tr>
</tbody>
</table>
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Tayside has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commission.

A request for an internal review must be made in writing no later than forty working days from receipt of this response and sent to:

Head of Information Governance
Maryfield House (South)
30 Mains Loans
Dundee
DD4 7BT

Or by email to informationgovernance.tayside@nhs.net

If you are not content with the outcome of the internal review, you have the right to apply directly to the Scottish Information Commissioner for a decision. The Scottish Information Commissioner can be contacted at:

Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews, Fife
KY16 9DS

Or via the online appeal service: www.itpublicknowledge.info/Appeal

If you have any queries about this correspondence, please contact:

Information Governance Team
Maryfield House
30 Mains Loan
Dundee
DD4 7BT

Telephone - 01382 424413
E-mail: informationgovernance.tayside@nhs.net

Information Governance
NHS Tayside
30 July 2019